

A Nouwen Network

Lifts up the Issues of Mental Illness

We say to those people who suffer from the symptoms of a mental illness, and to their family members and friends:

We will walk with you, and God walks with you.

You will not go through this alone.

Prayer

O Lord, you have searched us and known us

You know when we sit down and when we rise up,

And know our innermost thoughts.

You search out our paths and know all our ways.

Before we speak you know our words.

When we were knit together in our mother's womb

You knew us as woman, as child, as man.

Wherever we go, Your hand will lead us.

So guide us along the pathways to hope,

that night becomes bright as day.

So lead us on our walk together,

that darkness is lifted from our hearts.

So encourage us that our sisters and brothers

Who have mental illness shall know that

they never walk alone.

Amen

(Adapted with permission www.stcharleschurch.org)

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